

# A BRIEF DEBRIEF

*This downloadable resource is intended to be used as an aid for those returning home from mission work to process through their experience and prayerfully consider what the Lord is teaching them. The included questions are taken from TEAM's full Debriefing Journal; to request your own copy, please email [short-term@team.org](mailto:short-term@team.org).*



## QUESTION 1

What particular qualities of God (His love, mercy, grace, etc...) came alive to you during your trip? What qualities of God came alive to those around you?

[illegible]

## QUESTION 2

Describe the cultural encounters you had. What cultural experience was especially endearing to you? What cultural experience was challenging? Is there one you would like to continue at home?

[illegible]

## QUESTION 3

Reflect on any conflict you experienced overseas. What further steps do you need to take in resolving this conflict with others, God or yourself?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## QUESTION 4

Think about a time in prayer on the trip in which you shared with God your anger, pain, questions, sadness, joy, fear or confusion. How did you experience God in those moments? What did you feel? What did you learn about Him? About yourself?

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## QUESTION 5

Share some of the things you have learned from this experience. How will you use that learning? What difference does it make for society, for your family, for your life and for the lives of others?

[illegible]

## QUESTION 6

What is the invitation from God, moving forward, from this experience? Is it clear or is more time needed to process this?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.